The background of the entire page is a vibrant blue with a pattern of concentric, glowing circles that create a sense of depth and movement. The circles are centered and radiate outwards, with varying shades of blue from deep navy to bright cyan.

The Life Study

A 10 – Week Small Group Study
Ben Feldott

The Life Study
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Theme Song
This is Your Life
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Introduction

Studying God's truth from His word, whether in a small group or one-on-one, can be a vital growing experience. The study you are about to begin has been designed to help you apply God's most important truths to your unique life. Each lesson is designed to get you started digging where X marks the spot to dig. We want to give you a map to God's truth for The Life so you can dig into it. In other words, this study doesn't cover everything, but it shows you where to dig. To do this each lesson contains 5 key sections.

Before we meet

In this section you will read a few verses preparing you for your upcoming session. After you have read the verses you can write down a question you have about the topic and verses. Asking a question (as opposed to offering a comment) is one of the best ways to clarify your thinking and begin to dig into and discover the truth of God's word. Feel free to read all the verses for a session in advance.

To Illustrate

Jesus made profound use of contemporary illustrations to teach (*we call them parables today*) and we follow that method. The truth of each lesson is introduced by an illustration (on video) that will make the central truth clear and memorable.

Guiding Principles

The heart of each lesson is the guiding principle and at the foundation of each of the guiding principle is a passage from the Bible. Rather than building a life on our own ideas, we will build The Life on God's word.

Discuss It

A significant amount of each week's time is dedicated to discussion. The discussion questions are designed to 1) dig deeper, 2) apply truth to your life, and 3) ensure that no matter how long you have been following Christ the truth is practical to your life.

My Prayer

Because God's truth is made for transforming your life not just for informing your mind, we ask you to finish each lesson by writing a private prayer committing yourself to God and the truth you have just studied.

The LIFE Study

Before we jump into the Life Study let me share a few thoughts to help you get the most out of these 10 weeks. First, you will want to bring your Bible with you even though we have printed the verses in the guide. Having your Bible open will give you context and familiarity. I also want to encourage you to make a commitment to your 10 weekly sessions and if for some reason you do miss a session, don't give up - instead - catch up!

As you study you will notice there are people from across the spiritual spectrum in your group - from the newest Christian to those who have been following Christ for many years. Wherever you fall in that spectrum this study is designed for you. The benefit of a diversity of spiritual maturity is found in our human tendency to learn from and be inspired by those around us. As a newer Christian, you can benefit from watching those who have been there, and for the Christian with years of experience, the discipline of clarifying your beliefs and actions for those newer Christians in your group is an exhilarating experience.

Finally, a small group is never "just" about the study. It's about relationship & fellowship! So share some coffee, a smile and make a friend for life - "The Life."

The Life Study

Tammy and I were away at a conference and during a break in the sessions we made a trip down to the hotel pool area, where I quickly took up residence in the hot tub with the jets running full blast! For a few moments of peace and quiet we had the place to ourselves - until the cheers of excited children stole the moment. The youngest boy, who was maybe 7 years old, nearly cannonballed into the hot tub with me. After soaking it in with a big grin for a minute or so, he looked at me and declared "this is the life!" It is what we are all looking for: "The Life," and yet even for the Christian it can be frustratingly elusive. When we embraced Christ as our Savior, He gave us life - eternal life and now he wants you to enjoy the abundant life. This study is a journey - a treasure hunt with a map to 10 truths that will help all of us regardless of spiritual background, to enjoy "The Life." So jump in - the water's great!

Ben Feldott,



Pastor - Cape Cod Church

The LIFE Study

Lesson 1 - "The Life God Has Planned for You"

Before we meet

Read this: John 10 and Romans 8:28-29

Ask this: These verses cause me to wonder about...

To Illustrate

The Car

"You've got the life!" We have all thought it and a Ferrari 360 Maranello Spyder says it! We're talking \$200K worth of Italian engineering and carbon fiber - 400 horsepower and 0-60 mph in under 4 seconds! A Ferrari is a good example of the Life - but not exactly like you might think. You see, to enjoy a Ferrari you have to know how to drive it. The life of a Christian is the same. And here is something else; you don't take a Ferrari off-roading. Same with the Christian life, there are rules of safety we have to follow. One more thing, "The Life" is more valuable than any car - even a \$200K Ferrari.

Guiding Principles

John 10:10 The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly.

1. Our culture _____ to offer "The Life" but in the end it is _____.
2. The difference between life and an abundant life is my _____ for living.
3. Christianity is a journey of spiritual _____.

Heb. 6:1 *So let us stop going over the basics of Christianity[€] again and again. Let us go on instead and become mature in our understanding. Surely we don't need to start all over again with the importance of turning away from evil deeds and placing our faith in God.*

Rom. 8:28-29 *And we know that God causes everything to work together[€] for the good of those who love God and are called according to his purpose for them. ²⁹For God knew his people in advance, and he chose them to become like his Son, so that his Son would be the firstborn, with many brothers and sisters.*

4. Bad stuff happens to _____ people.

5. Living the life means even my _____ have meaning.

Gal. 2:20 *I myself no longer live, but Christ lives in me. So I live my life in this earthly body by trusting in the Son of God, who loved me and gave himself for me.*

6. Having "The Life" means putting Christ in _____
_____ in my life.

Discuss It

1. Why would you put Jesus Christ first in your life? How can you do this?

2. Can you think of an instance where God used a painful experience for some good? Does God always do this?

3. What do you see as God's (General/specific) purpose for you life?

4. What are some "markers" of progress in my spiritual journey?

5. How can I "have stuff" and "live for God" and not the other way around?

6. If you were to describe your Christian life in driving terms, which phrase would you use?

- a. "in reverse" b. "stalled" c. "in 1st gear & going"
d. "cruising" e. Other _____

My Prayer

Signed

The LIFE Study

Lesson 2 - "A Bridge To the Life"

Before we meet

Read this: John 3:3, 16 and Eph. 2:8-9

Ask this: After reading the verses, my question is...

To Illustrate

The Bridge

Bridges get us from one side to another - crossing over a danger that would consume us otherwise. Christ is the bridge God gave over our sin to bring us into his family and his home in heaven.

Guiding Principles

Rom. 10:9-10 *For if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. ¹⁰For it is by believing in your heart that you are made right with God, and it is by confessing with your mouth that you are saved.*

1. Salvation is all God's _____.
2. The choice is _____ to _____.
3. Salvation is _____ if I _____ this way.

Eph. 2:8-9 *God saved you by his special favor when you believed. And you can't take credit for this; it is a gift from God. ⁹Salvation is not a reward for the good things we have done, so none of us can boast about it.*

4. Salvation has _____ to do with how _____ I am.

Rom. 6:23 *For the wages of sin is death, but the free gift of God is eternal life through Christ Jesus our Lord.*

5. Salvation is like receiving a _____ for all of my _____.

John 10:28-29 *I give them eternal life, and they will never perish. No one will snatch them away from me, ²⁹for my Father has given them to me, and he is more powerful than anyone else. So no one can take them from me.*

6. My salvation is _____, _____ because it is _____ holding on to me.

Acts 8:36-38 *As they rode along, they came to some water, and the eunuch said, "Look! There's some water! Why can't I be baptized?" ³⁷"You can" Philip answered, "if you believe with all your heart." And the eunuch replied, "I believe that Jesus Christ is the Son of God." ³⁸He ordered the carriage to stop, and they went down into the water, and Philip baptized him.*

7. Baptism is the way Christians _____ pronounce their salvation.

1 Cor. 11:24-26 *and when he had given thanks, he broke it and said, "This is my body, which is given^e for you. Do this in remembrance of me." ²⁵In the same way, he took the cup of wine after supper, saying, "This cup is the new covenant between God and you, sealed by the shedding of my blood. Do this in remembrance of me as often as you drink it." ²⁶For every time you eat this bread and drink this cup, you are announcing the Lord's death until he comes again.*

8. Communion is like an _____, a reminder of my _____.

Discuss It

1. We all receive gifts that cost us nothing: so why do you think people feel they have to do certain things to be able to receive and/or keep God's gift of salvation?
2. Describe the word believe (John 3:16) using other words and terms.

3. What is sin?

4. If good works don't count, why be good?

5. How important are baptism and communion for the Christian? Can you be a Christian without those?

6. Salvation is described as being born (John 3). What is the story (time, place, key people) surrounding your salvation?

My Prayer

Signed

The LIFE Study

Lesson 3 - "God - He Is For You"

Before we meet

Read this: Eph. 1:4-5

Ask this: After reading the verses, my question is...

To Illustrate

The Call

A phone call from God? So much of God's character and nature is revealed in the simple truth that he wants to communicate with us and that is a good place to begin. Through the Bible and prayer, God reveals his character of love and justice.

Guiding Principles

***1 John 5:7** For there are three that bear record in heaven, the Father, the Word, and the Holy Ghost: and these three are one.*

1. The _____ is the _____ that our God is one God in three persons.

***John 1:14** So the Word became human and lived here on earth among us. He was full of unfailing love and faithfulness.^f And we have seen his glory, the glory of the only Son of the Father. **John 1:1-3** ¹In the beginning the Word already existed. He was with God, and he was God. ²He was in the beginning with God. ³He created everything there is. Nothing exists that he didn't make.*

2. Jesus Christ was _____ in the _____.

John 8: 3, 10-11 As he was speaking, the teachers of religious law and Pharisees brought a woman they had caught in the act of adultery. They put her in front of the crowd. ¹⁰Then Jesus stood up again and said to her, "Where are your accusers? Didn't even one of them condemn you?" ¹¹"No, Lord," she said. And Jesus said, "Neither do I. Go and sin no more."

3. God's love means He is _____.

4. God's _____ means He wants to _____ me.

Discuss It

1. What was the picture of God you had while growing up? Has your "view" changed? What is your "view" based on?

2. Why does God want to forgive me? What does being forgiven really mean?

3. What is the role of the Holy Spirit in your life?

4. What can you do now to draw closer to God?

5. Why are we afraid of God's desire to "change us"?

My Prayer

Signed

The LIFE Study

Lesson 4 - "Finding My Way"

Before we meet

Read this: 2 Tim. 2:15 and Psalm 119:9-11

Ask this: After reading the verses, my question is...

To Illustrate

The Candle

Darkness can be intimidating, but light just one candle and suddenly we can see our way safely. The Bible is the candle God has given me to light the way in a dark world.

Guiding Principles

Psalm 119: 105-106 *Your word is a lamp for my feet and a light for my path. ¹⁰⁶ I've promised it once, and I'll promise again: I will obey your wonderful laws.*

1. The _____ gives me _____ for every area of my life.
2. I can choose to ignore God's _____.

2 Timothy 3:16 *All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It straightens us out and teaches us to do what is right.*

3. The Bible is my _____ because it is from God.
4. As the authority, the Bible is my standard for _____ and _____.

5. The Bible is the _____ I need to live the life.
6. Weekend worship is not _____. I need time with God's word _____.

Hints for getting the most out of your Bible.

✓ Set a time and a place

✓ Be specific in prayer

A_____ C_____ T_____ S_____

✓ Journaling

Heb 4:12 *For the word of God is full of living power. It is sharper than the sharpest knife, cutting deep into our innermost thoughts and desires. It exposes us for what we really are.*

Discuss It

1. Why does the Bible often seem so complicated and difficult to read?

2. What can you do to turn Bible reading and prayer into a daily habit?

3. What does prayer do?

4. Where has the Bible's authority challenged your way of thinking?

5. Why do reading and prayer go together?

My Prayer

Signed

The LIFE Study

Lesson 5 - "Body by God"

Before we meet

Read this: 1 Cor. 12:12-18

Ask this: After reading the verses, my question is...

To Illustrate

The Body

My body a model? Yep, God says our body, with all its aches and pains, is a great picture of the church. Unimportant you think? Just try living your life without just one part of your body and you'll quickly realize just how much the church means in the life of a Christian.

Guiding Principles

1 Cor. 12:12-18 *The human body has many parts, but the many parts make up only one body. So it is with the body of Christ. ¹³Some of us are Jews, some are Gentiles, some are slaves, and some are free. But we have all been baptized into Christ's body by one Spirit, and we have all received the same Spirit.^E ¹⁴Yes, the body has many different parts, not just one part.*

1. You have a ____ in making your church _____.

¹⁵If the foot says, "I am not a part of the body because I am not a hand," that does not make it any less a part of the body. ¹⁶And if the ear says, "I am not part of the body because I am only an ear and not an eye," would that make it any less a part of the body? ¹⁷Suppose the whole body were an eye—then how would you hear? Or if your whole body were just one big ear, how could you smell anything?

2. You _____ the body and the body _____ you.

¹⁸But God made our bodies with many parts, and he has put each part just where he wants it.

3. You have been _____ in church on purpose.

Col. 3:13 *You must make allowance for each other's faults and forgive the person who offends you. Remember, the Lord forgave you, so you must forgive others.*

4. You can be _____ with others.

5. You can be _____ with offenders.

Mt. 18:15 *If another believer sins against you, go privately and point out the fault. If the other person listens and confesses it, you have won that person back.*

6. You can go _____ to them.

Discuss It

1. Do you know where you fit in the church body? How can a person discover better where they fit?

2. What is the value of regular church attendance for you? For your children?

3. What things are important to find in a church body?

4. Why should I forgive?

5. When should I be understanding? Forgiving? Confrontational?

My Prayer

Signed

The LIFE Study

Lesson 6 - "Significance & Security"

Before we meet

Read this: Gen. 1 and 1 Thes. 4:16-18

Ask this: After reading the verses, my question is...

To Illustrate

The Penny

What's a penny worth? A lot, it turns out, at least when that penny is a uniquely created 1955 "double dye." Just like that penny our lives are revealed to have unique "significance" because of our creation (Genesis) and a hopeful "security" because of our future (Revelation).

Guiding Principles

Gen. 5:1-2 *This is the history of the descendants of Adam. When God created people,^f he made them in the likeness of God. ²He created them male and female, and he blessed them and called them "human."*

1. I was _____ by God for a _____

2. I am a _____ creation.

Gen. 1:31-2:4 *Then God looked over all he had made, and he saw that it was excellent in every way. This all happened on the sixth day. ¹So the creation of the heavens and the earth and everything in them was completed. ²On the seventh day, having finished his task, God rested from all his work. ³And God blessed the seventh day and declared it holy, because it was the day when he rested from his work of creation. ⁴This is the account of the creation of the heavens and the earth.*

3. Our world is a result of God's _____
and _____.

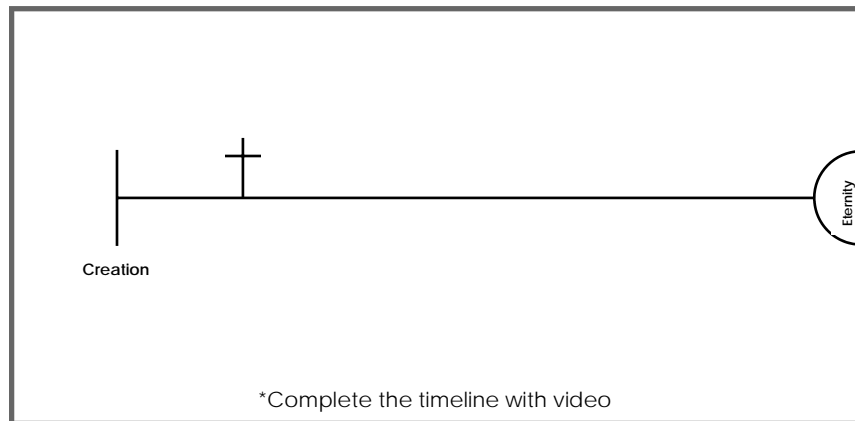
4. The great white throne of judgment is the _____ reality
for those who reject _____.

Rev 20:11-15 And I saw a great white throne, and I saw the one who was sitting on it. The earth and sky fled from his presence, but they found no place to hide. ¹²I saw the dead, both great and small, standing before God's throne. And the books were opened, including the Book of Life. And the dead were judged according to the things written in the books, according to what they had done.

¹³The sea gave up the dead in it, and death and the grave gave up the dead in them. They were all judged according to their deeds. ¹⁴And death and the grave were thrown into the lake of fire. This is the second death—the lake of fire.

¹⁵And anyone whose name was not found recorded in the Book of Life was thrown into the lake of fire.

Biblical Timeline



Thes. 4:13-18 *And now, brothers and sisters, I want you to know what will happen to the Christians who have died so you will not be full of sorrow like people who have no hope. ¹⁴For since we believe that Jesus died and was raised to life again, we also believe that when Jesus comes, God will bring back with Jesus all the Christians who have died.*

¹⁵I can tell you this directly from the Lord: We who are still living when the Lord returns will not rise to meet him ahead of those who are in their graves. ¹⁶For the Lord himself will come down from heaven with a commanding shout, with the call of the archangel, and with the trumpet call of God. First, all the Christians who have died will rise from their graves. ¹⁷Then, together with them, we who are still alive and remain on the earth will be caught up in the clouds to meet the Lord in the air and remain with him forever. ¹⁸So comfort and encourage each other with these words.

5. The Christian has hope in eternity because God has promised _____ life.

Discuss It

1. Where do your feelings of insignificance come from?
2. Why does Rev. 20 reference deeds if my salvation is based not on deeds but acceptance of Christ?
3. What does it mean, we are created in the "image" of God?

4. Why is a judgment necessary?

5. What are the evidences of God's creative design?
God's future protection?

6. How can these two truths (significance and security)
affect your life?

My Prayer

Signed

The LIFE Study

Lesson 7 - “Ch...Ch...Change”

Before we meet

Read this: Rom. 7:15-25, James 4:7-8

Ask this: After reading these verses, my question is...

To Illustrate

“The Wall”

The Great Wall of China was never breached by force; instead, invaders bribed their way through! God has given you victory over sin, an impenetrable wall of defense against sin and Satan. So why do we still struggle? Satan is bribing/tempting his way through. When you see the gate of sins entry, you can secure it.

Guiding Principles

Eph. 4:20-24 *But that isn't what you were taught when you learned about Christ. ²¹Since you have heard all about him and have learned the truth that is in Jesus, ²²throw off your old evil nature and your former way of life, which is rotten through and through, full of lust and deception. ²³Instead, there must be a spiritual renewal of your thoughts and attitudes. ²⁴You must display a new nature because you are a new person, created in God's likeness—righteous, holy, and true.*

1. You have an _____ nature.
2. You have a _____ nature.
3. You have a _____.

How do we use this?...

Rom. 6:12-14 *Do not let sin control the way you live;^f do not give in to its lustful desires. ¹³Do not let any part of your body become a tool of wickedness, to be used for sinning. Instead, give yourselves completely to God since you have been given new life. And use your whole body as a tool to do what is right for the glory of God. ¹⁴Sin is no longer your master, for you are no longer subject to the law, which enslaves you to sin. Instead, you are free by God's grace.*

4. I need to starve my old _____ nature.

5. I need to feed my new _____ nature.

1 John 1:8-9 *If we say we have no sin, we are only fooling ourselves and refusing to accept the truth. ⁹But if we confess our sins to him, he is faithful and just to forgive us and to cleanse us from every wrong.*

6. Confession is God's gift to let me _____ again.

Discuss It

1. What does James 4:7-8a teach me about my struggle to live better?
2. How can you resist Satan's bribery/temptation?

The LIFE Study

Lesson 8 - "The Dessert Challenge"

Before we meet

Read this: James 1:2-4, 12

Ask this: These verses cause me to wonder about...

To Illustrate

The Dessert

A big bill can ruin the tastiest of meals, and your problems can take the joy right out of "The Life." So when we realize God has promised to pay our bill and care for our needs, we go back to enjoying The Life.

Guiding Principles

James 1:2-4, 12

Dear brothers and sisters,^E whenever trouble comes your way, let it be an opportunity for joy. ³For when your faith is tested, your endurance has a chance to grow. ⁴So let it grow, for when your endurance is fully developed, you will be strong in character and ready for anything. ¹²God blesses the people who patiently endure testing. Afterward they will receive the crown of life that God has promised to those who love him.

1. Know that God has a _____ in my struggles.
2. Don't _____ because God is getting me _____.

Heb. 11:6 *So, you see, it is impossible to please God without faith. Anyone who wants to come to him must believe that there is a God and that he rewards those who sincerely seek him.*

3. My _____ pleases God

Phil. 4:6-7 *Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. If you do this, you will experience God's peace, which is far more wonderful than the human mind can understand. His peace will guard your hearts and minds as you live in Christ Jesus*

4. Faith is the _____.

5. Prayer is the _____.

6. Peace is the _____.

Discuss It

1. It sounds like James 1:2-4 is saying we should be happy about hurting - is this right?

2. Why do bad things happen to God's people?

3. What does it mean to have faith?

4. Where have you struggled and later seen/discovered God's purpose?

5. What do I get out of my testing? What does God get?

My Prayer

The LIFE Study

Lesson 9 - "Home: The Hardest Place to Live the Life"

Before we meet

Read this: Eph. 5:21-6:4

Ask this: After reading the verses, my question is...

To Illustrate

The Sign

A yield sign can make the difference between smooth flowing traffic and a wreck. God uses the yield sign in our marriage and with our families to make it possible to live the life at home.

Guiding Principles

Eph. 5:21 *And further, you will submit to one another out of reverence for Christ.*

1. Mutual _____ make it work.

Eph. 5:22-23 *You wives will submit to your husbands as you do to the Lord. ²³For a husband is the head of his wife as Christ is the head of his body, the church; he gave his life to be her Savior.*

2. Wives, yield to his _____.

Eph. 5:25 *And you husbands must love your wives with the same love Christ showed the church. He gave up his life for her.*

3. Husbands, yield to her in _____.

Eph. 6:1-3 *Children, obey your parents because you belong to the Lord, for this is the right thing to do. ²"Honor your father and mother." This is the first of the Ten Commandments that ends with a promise. ³And this is the promise: If you honor your father and mother, "you will live a long life, full of blessing."*

4. Children, _____ to parents' authority.

Eph. 6:4 *And now a word to you fathers. Don't make your children angry by the way you treat them. Rather, bring them up with the discipline and instruction approved by the Lord.*

5. Fathers, yield your _____.

Prov. 22:6 *Teach your children to choose the right path, and when they are older, they will remain upon it.*

6. You have the best chance of _____ up on the _____
_____ if you start on it.

Discuss It

1. What if your spouse is not doing their part in yielding?
What are the potential problems? Is this why the Bible warns against being "unequally yoked" with a non-believer in Christ? What should I do?

2. What are some other plans in life where yielding/
submission is needed?

The LIFE Study

Lesson 10 - "Bring A Friend"

Before we meet

Read this: John 3:16

Ask this: After reading the verses, my question is...

To Illustrate

The People

We are surrounded by and connected to people for a purpose. The famous Harvard University may have forgotten that it was founded to reach them, but today we carry the message of the life - Harvard education or not.

Guiding Principles

Tell them your story...

1 Peter 3:15 –16 *Instead, you must worship Christ as Lord of your life. And if you are asked about your Christian hope, always be ready to explain it. ¹⁶But you must do this in a gentle and respectful way. Keep your conscience clear.*

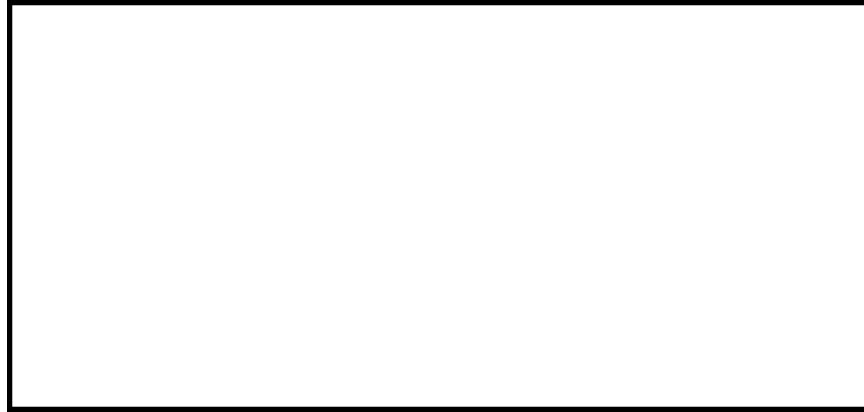
1. Before...

2. Conversion...

3. After...

Tell them His story...

John 3:16 *"For God so loved the world that he gave his only Son, so that everyone who believes in him will not perish but have eternal life."*



1. Where are you?
2. Is there anything keeping you from crossing over to Christ?
3. When you are ready - I would be honored to pray with you.

Invite them to hear the story...

John 4:28-30 *The woman left her water jar beside the well and went back to the village and told everyone, ²⁹"Come and meet a man who told me everything I ever did! Can this be the Messiah?" ³⁰So the people came streaming from the village to see him.*

1. _____ first.
2. The testimony of _____.

Discuss It

1. Does God really love everyone?
2. What is your "before" story?
3. What is your "conversion" story?
4. What is your "after" story?

5. What are some harmful ways of witnessing you have seen? (1 Peter 3:15-16)

6. Harvard has changed over time from proclaiming God to ignoring Him. Why do we sometimes avoid proclaiming Christ and Salvation to those around us?

My Prayer

Signed

Acknowledgments

Creating a study like this is both rewarding and challenging! It also requires the input and assistance of many people. From the church leaders across the country and here at Cape Cod Church who offered their initial personal list of top things Christians need to know (which formed the basis of this study) to the small group leaders at Cape Cod Church who offered their input in making the study relevant, to the many who assisted in making the videos a reality, I want to thank you all for your contributions. A special thanks to my wife Tammy and our 4 children who sometimes fend for themselves when Dad gets involved in one these projects. Thanks also to the people of Cape Cod Church. Were it not for a congregation that was thirsty for God, I doubt the motivation would exist for a project like this. A special thanks to the following for their unique input into The Life Study.

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Rev. Dave Robbins	Lesson design
Alan Porter	Video & Editing & Input
Adam Shepherd	Lesson design
Kaye Barton	Small Group guide
Ralph Done	China guide
Pam Kokmeyer	Editing
Ferrari of New England	
Falmouth Stamp & Coin	
New Seabury Country Club	

I hope God can use a simple study to help you enjoy The Life. I am grateful to the Lord for the opportunity to produce this study but even more for letting me live The Life! It is a journey - that while never complete - makes each day a true gift from the Lord.

Ben Feldott,



The Life Study

It is what we are all looking for: "The Life," and yet even for the Christian it can be frustratingly elusive. When we embraced Christ as our Savior, He gave us life - eternal life and now he wants you to enjoy the abundant life. This study is a journey - a treasure hunt with a map to 10 truths that will help all of us regardless of spiritual background, to enjoy "The Life."

The Life Study is broken down into 10 lessons uncovering the important and relevant truths that make a difference in our lives.



Lesson 1
The Life God
Has Planned for
You



Lesson 2
A Bridge to the
Life



Lesson 3
God - He is For
You



Lesson 4
Finding My Way



Lesson 5
Body by God

Lesson 6

Significance and
Security



Lesson 7

Ch...Ch...Change



Lesson 8

The Dessert
Challenge



Lesson 9

Home: The
Hardest Place to
Live



Lesson 10

Bring A Friend

