

## CAPE COD CHURCH "CARES"

### **HURRICANE PREPAREDNESS MEASURES**

The Atlantic hurricane season runs from June 1-November 30. This information is provided to assist you in making preparations for this season.

#### **PREPARING AHEAD OF THE STORM**

- Prepare an inventory of your personal property and document with photos or videotape. Keep one copy at home and another at a location away from home so it will not be damaged by the storm.
- Plan an evacuation route and destination if it is necessary to leave your home.
- Teach your children what to do in the event of an emergency.
- Make a plan for what to do with your pets in the event you must evacuate your home.
- Maintain a supply of water and non-perishable food, juice, etc.
- Have a portable radio, flashlight, cell phone and fresh batteries.
- Have an out of state friend/relative as a family contact.

#### **WHEN A HURRICANE WATCH IS ISSUED**

(Threat of a hurricane within 24-36 hours)

- Fill all vehicles with gasoline.
- Check to determine that you have an adequate supply of medicine/prescription drugs.
- Procure cash as banks/ATM's may not be available for extended periods.
- Turn refrigerators to coldest settings

- Bring outside furniture, toys, etc. into the house or garage.
- Cut tree branches that could damage windows or walls.
- Assemble a first aid kit.
- Assemble important documents (medical records, insurance policies, checkbook, etc.) in a waterproof container or watertight resealable bag.
- Review evacuation route and destination.

#### **WHEN A HURRICANE WARNING IS ISSUED**

(Hurricane conditions within 24 hours)

- Board or shutter windows
- Tape exposed glass, close drapes and move furniture away from exposed doors and windows.

#### **IF YOU REMAIN AT HOME**

- Stay indoors in an inside room preferably without windows.
- Keep on the radio or television to obtain information from official sources.
- If flooding is possible, shut off all utilities at the main switch and move valuables to a higher floor.

## CAPE COD CHURCH "CARES"

### **IF YOU MUST RE-LOCATE**

Shut off utilities at the main switch if not previously done.

Disconnect appliances.

Make reservations at your destination if necessary.

Keep receipts of all re-location expenses for insurance purposes.

Notify your family contact person of your destination and how to reach you.

Take supplies such as a first aid kit, water, snacks and prescription medicine.

Keep important papers with you.

Take family pet and pet supplies.

### **AFTER A HURRICANE**

- Beware of outdoor hazards such as dangling power lines and broken tree limbs and report them immediately to the proper authority.
- Boil municipal water until you have been told it is safe to drink.
- Throw out food that may be contaminated due to power outage and flooding.
- Make temporary repairs, if possible.
- Pump out the basement if flooded.
- Turn on utilities only after it is safe to do so.
- Contact your insurance representative as soon as practical regarding losses.

### **HURRICANE DISASTER SUPPLY KIT**

- Canned goods and non-perishable foods that do not need cooking:
  - Canned meats and fish.*
  - Canned fruits and vegetables.*
  - Canned soups and puddings.*
  - Canned fruit juices.*
  - Dried fruit and nuts.*
  - Bread, cookies and crackers.*
  - Peanut butter and jelly.*
  - Coffee and tea.*
  - Bottled water.*
- Manual can opener.
- Bottled water( 1gallon per day per person)
- Prescription medication ( 2 weeks supply)
- Pet food/supplies.
- Water purification tablets ( halzone)
- Disposable plates, cups and utensils.
- Infant care items:
  - Disposable diapers.*
  - Creams.*
  - Baby wipes.*
  - Baby food.*
  - Formula.*
- First Aid Kit/ supplies.
- Masking/duct tape
- Flashlight or lantern, with extra batteries.

## CAPE COD CHURCH "CARES"

- Battery operated radio, with extra batteries.
- Watch or battery operated clock.
- Ice chest.
- Matches.
- Canned heat ( sterno) .
- Portable outdoor camping stove or grill with fuel supply.
- Plastic trash bags.
- Plastic sheeting or drop cloth.
- Chlorinated bleach.
- Personal hygiene items.
- Other **useful** items:
  - Work gloves
  - Sun lotion
  - Insect repellent
  - Hammer
  - Screwdriver
  - Pliers
  - Wrenches
  - Handsaw
  - Razor knife
  - Axe or chainsaw
  - Rope caulking
  - Nails and screws
  - Rope and wire
  - Broom, mop and bucket
  - All purpose cleaner
  - Ladder
  - Sandbags
  - Portable generator
  - Tree pruner
  - Shovel, rake and wheelbarrow
  - Sheets of plywood

### **FAMILY COMMUNICATION PLAN**

Develop a "Family Emergency Communication Plan" in case family members are separated from one another during an emergency.

This is a real possibility during the day when adults are at work/traveling and children are at school, camp or a friend's home.

You can then develop a plan for safely getting back together. This will help assure everyone is safe.

- Ask an out-of state relative or friend to serve as a "family contact". After a disaster, it is often easier to call long-distance than locally.
- Make sure everyone knows the name, address and telephone number of the contact person.